**PENN MUTUAL/TAC NATIONAL MASTERS 5K CROSS-COUNTRY CHAMPIONSHIP**

**BALBOA PARK, SAN DIEGO, CA**

**NOVEMBER 28, 1981**

Non-Championship M30

Graeme Shirley 35 16:45

Dennis Kaslschke 35 17:04

Dave Garcia 31 17:32

Mac Larson 33 17:40

Steve Waggener 37 17:46

M40

Frank Duarte 40 16:47

Skip Shaffer 43 16:50

Bill Meinhardt 41 17:05

Bob Mohler 41 17:13

Dan McCaskill 40 17:17

Marv Rowley 42 17:42

Bart Coventry 40 17:56

Juergen Richter 44 17:57

Will Rasmussen 41 18:00

Dale Larrabee 40 18:02

Tom Richards 40 18:07

George Cohen 41 18:13

Walt Van Zant 42 18:27

Dick Belliveau 40 18:31

M45

AndreTocco 46 17:18

Bill Crum 46 17:32

Kent Guthrie 45 17:40

Bill Gookin 49 18:01

Myron Nevraumont 47 18:35

Scot t Wotkyns 46 18:47

Tom Hillary 45 19:07

M50

Bill Stock 52 18:15

Tom Sturak 50 18:47

Rod Johnson 52 18:59

Chuck Anderson 51 19:05

Patrick Devlne 50 19:07

Gunnar Linde 53 19:18

Delbert Teter 50 19:20

Wally Evertz 52 19:22

Marsh Haraden 51 19:24

M55

Ken Bernard 55 22:57

Dave Pain 59 23:50

M60

Don Dillworth 62 21:44

Wayne Zook 64 22:09

Phil Castle 64 22:17

Red Isom 62 23:13

M70

Dick Whittemore 70 28:33

M75

Wlllard Benton 77 28:57

M80

Paul Spangler 81 28:43

Non-Championship W30

Mindy Ireland 30 19:23

Cathy Fogarty 39 21:00

W40

Shirley Matson 41 20:21

Patty Pastore 41 21:37

Faye Heldoorn 44 22:17

Lynn Flanagan 41 22:33

W45

Jennifer Wright 46 19:54

Vicki Bigelow 46 20:14

Dorothy Stock 49 20:15

Helene Laurent 47 22:13

W50

Anne Johnson 53 21:12

Nicki Hobson 50 22:29

Bea Lovell 51 26:21

W55

Mary Storey 57 22:52

Mary Isom 56 30:02

Hazel Klein 59 30:16

W60

Gerry Davidson 60 26:25

Betty Criscuolo 64 34:58

W70

Bess James 72 33:34

Felicitas Salazar 72 37:23

68men

23women

Team Scores (5 score)

M40 Culver City AC 25

M50 San Diego TC 15

M60 San Diego TC 15

W40 San Diego TC 40

(3 Score)

W50 San Diego TC 6

W60 San Diego TC 6

From Bill Stock and Ken Bernard, co-race directors

*National Masters News*, January 1982 Issue

**Duarte, Wright Capture National 5k X-C**

By Bill Stock

What is cross country without a bit of rain, puddles, and mud? Just another hilly road race. Old Jupiter Pluvius dumped enough water during the night before the race to provide a wet Balboa Park course, sprinkled on the sub-masters men's race, then, just as the ladies were set to toe the line he pulled the plug. Down came the rain, off went the gun and away went the gals into the downpour. 45 minutes later the master men lined up to the tune of 60 degrees and sunshine! But they still had puddles and mud galore and a good slippin’ and slidin' race. Shortly after one mile the course goes down"powder" hill and onto the "dirt" trail, neither of which were. The hills in that second mile make it a slow one, then it's up the switchback hill and across the grass to the short mile of slightly down-sloping sidewalk and a final 500 yards of grass and dirt to the finish. This race is many individual battles against self, opponents, hills and footing. Attack the shortest route or go a half-step further on secure ground? Push this hill or save something for that stretch of sidewalk? Is the pre-race plan still good or has an opponent done something unanticipated and must strategy be adapted to counter their tactics? Time and distance zip by as these "encounters" unfold and we progress to the nitty gritty: the run to the finish. If the course failed to sap everything it's "go city" to the line and the chance to breathe and recover. A couple of early hills and some slippery running notwithstanding, the leaders passed one mile at about 5 minutes flat with Bob Mohler of Houston leading Frank Duarte, Dan McCaskill, Skip Shaffer and Bill

Meinhard. They zipped down Powder Hill and Duarte and Shaffer passed Mohler and began to pull away, with Meinhardt going by McCaskill and moving on Mohler. 46-year old Andre Tocco had started well back and worked his way methodically up the line of runners until he passed McCaskill on Switchback Hill to go into 5th place. Clearing the hill and moving down the sidewalk, McCaskill regained 5th and with about a mile to go the first 6 places were established though those gentlemen certainly had to work to protect them to the finish. The 50-54 men had an interesting race. At one mile Tom Sturak, Bill Stock and Del Teter were hanging closely together in 5:30ish. Stock passed Sturak going down Powder and on the trail everyone strung out a bit. At 2 miles Stock led by about 30 yards which increased to 32 seconds at the finish. With Sturak in 24th place over-all, there were 8 50-54's in the next 10 places over a span of 30 seconds. That's pretty close competition.

The women's race was pretty well spread out in all divisions excepting 45-49. The winner of the race was Jenny Wright who attended College of the Desert this fall and the 46 year old swifty was the top runner for their women’s college XC team! The first 3 finishers were in the 45-49 division with Vicki Bigelow barely hanging on to edge Dorothy Stock for the silver medal. The30-yard lead Vicki had with 400 to go dwindled to 2 at the line. And both looked absolutely terrible as they were holding back nothing for tomorrow. Neophytes seeing them 10 minutes later running side by side warming down and chattering like magpies would not have believed it. If appearances counted they'd both have been headed for the hospital! The recovery rate of well-conditioned athletes is amazing. Graeme Shirley ran away with the sub-masters men's race with a comfortable 19 second win over Dennis Kasischke. Dennis in turn was an easy 28 seconds ahead of Dave Garcia in third.